

teaching actors-  
percussion



we all have  
**EXPECTATIONS**  
not space to be  
present

You get to see  
what happens  
when things get



mirror  
for life  
see how hard  
we are on ourselves

**TANIA BOSAK**



• TAKETINA  
teacher

• Professional  
percussionist

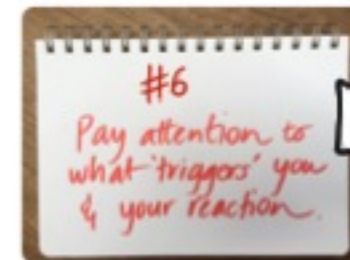
...first experience of TakeTiNa...



Did a workshop with  
Reinhard Flatischler

↳ I got hooked

**Creative Mindset  
Secret**



**TakeTiNA**

invites + asks  
you to do many  
things at once



movement +  
voice +  
rhythm  
grounding

Recorded by:



curiousmindsc  
drawing at great ideas